

2018 Run Forest Run 50km/25km Waiver

Indemnification/Hold Harmless Waiver

I, THE UNDERSIGNED, ACKNOWLEDGE THAT BY SIGNING THIS DOCUMENT, I AM RELEASING THE STATE OF WASHINGTON TO INCLUDE THE CITY OF MONTESANO, LAKE SYLVIA STATE PARK AND ZIESA ROHR, ITS OFFICERS, EMPLOYEES, AGENTS AND CONTRACTORS ("RELEASEES") FROM LIABILITY. THIS RELEASE IS A CONTRACT WITH LEGAL CONSEQUENCES. I HAVE READ IT CAREFULLY BEFORE SIGNING.

In consideration of my being allowed to participate in the Run Forest Run 50km/25km ultra-marathon event on multi-use trails within the City of Montesano and Lake Sylvia State Park, I freely agree that:

Running, walking, hiking can be dangerous and pose a risk to injury or even death. I fully assume the risks associated with my participation in this event including but not limited to: hazards from improper technique, accidents or illness in remote locations without medical facilities, actions of other participants, equipment failure, inadequate safety measures, THE RELEASEES' OWN NEGLIGENCE, weather conditions, and the risk of any personal or bodily injury, disability or death. For myself, my heirs, executors, administrators, legal representatives, assignees, and successors in interest, I HEREBY WAIVE, RELEASE, DISCHARGE, HOLD HARMLESS AND PROMISE TO INDEMNIFY AND NOT TO SUE the Releasees' from any and all claims of any kind and character, including claims arising from the Releasees' own negligence, and from any and all damages directly or indirectly arising out of or incident to my participation in the Run Forest Run 50km and 25km ultra-marathon event on multi-use trails within the City of Montesano and Lake Sylvia State Park or transit to and from the area. A "claim" as used in this contract means any financial loss, claim, suit, action, damage, cost, demand or expense, including but not limited to attorney's fees, attributable to bodily injury, disability, sickness, disease, or death, or injury to or destruction of tangible property including loss of use resulting there from. Should I or my successors assert a claim in breach of this agreement, the asserting party shall be liable for expenses (including legal fees) incurred by each Releasees in its defense, unless the Releasees is finally adjudged liable on such claim for willful or wanton negligence. If any term or provision of this agreement is found to be invalid, that shall not affect the other terms and provisions, which shall remain binding and enforceable.

I UNDERSTAND and AGREE to the terms set forth above for my participation in the Run Forest Run 50km/25km ultra marathon event on multi-use trails within City of Montesano and Lake Sylvia State Park.

PRINT NAME

SIGNATURE

DATE